
HOW TO CARE FOR YOUR BIKE

Congratulations on your new ride! This is the start of an exciting new adventure, and we want to make sure your bike is properly cared for to maintain its performance for years to come. Preventing accelerated wear and tear can be as simple as keeping your bike's components clean and lubricated, and following the maintenance schedule outlined below. Keep up with this basic bike care, bring your ride in for regular service, and you and your bike are sure to have a long and happy life together.

THE BASICS

Complete this simple pre-ride inspection before every ride to make sure you're ready to roll:

BOUNCE - Give your bike a bounce and listen for anything that sounds loose

BRAKE - Pull your brake levers to make sure your brakes are engaging

INFLATE - Check your tire pressure before every outing and top it off when needed

Lubricate your chain when it begins to make noise or becomes excessively dry.

- Most riders should relubricate their chain after about six rides
- If you ride in wet or excessively dry conditions, you should lubricate more often
- Make sure to choose the right lube for the conditions you're riding in. If you're not sure which lube is best, ask someone at your local Trek store

Keep your bike clean.

- Dirty parts wear down quicker, so you should rinse your bike after every few rides
- You should perform a more detailed cleaning every 25 hours or after riding in the rain, mud, or snow

In addition to these basic pre-ride measures, we recommend regular preventative maintenance as well. The conditions you ride in and how much you ride can affect how often you'll need a tune-up, but our general recommendations for maintenance and care can help you get the most out of your bike ride after ride.

RECOMMENDED MAINTENANCE SCHEDULE

Every 25 hours of use – WASH, LUBE, AND INSPECTION SERVICE

This routine service includes a thorough service assessment, bike wash, chain lubrication and inspection. Resources for completing this service can be found at your local shop, and instructions for at-home service can be found here: www.trekbikes.com/service

Every 50 hours of use – LEVEL 1 OR LEVEL 2 SERVICE PACKAGE

Revitalize your bike's performance and ward off mechanical issues with a detailed clean, comprehensive lubrication, and precise adjustment and alignment of all critical components. If your bike has suspension, suspension service is recommended at this time as well.

Every 100 hours of use or annually – LEVEL 3 SERVICE PACKAGE (to include bearing and suspension service)

This comprehensive rebuild ensures your entire bike is performing at its highest level and promotes component longevity. Your bike will ride like new with a thorough clean and complete overhaul of all your components, including bearing systems.

For more information and details on caring for your bike, visit your local Trek retailer for personalized service and support.

Happy riding!