## Gus' Packing List for a Spring/Fall Inn to Inn tour

## Wearing

- $\Box$ bike shorts
- □Jersey
- $\Box$  mountain bike or touring shoes
- $\Box$ wool socks
- $\Box$  sunglasses
- □cap
- □helmet

# On The Bike

- $\Box$ 2 cages
- $\Box$ 2 Water bottles ,one insulated
- □Front Light doubles as flashlight
- □Rear Light
- $\Box$  Garmin or Odometer
- $\Box$  Handlebar bag
- either
- $\Box$ Rear bag
- $\Box$ Frame bag

or

- Rack
- $\Box$ Panniers

### In Handlebar Bag

- □Map
- □Phone
- $\Box$ Phone charger
- $\Box$ Garmin charger
- $\Box$ Chargers for front and rear lights
- □Wallet
- □Passport
- □Rain Jacket doubles as light jacket for evening
- $\Box$ Rain pants??
- $\Box$ Arm warmers

 $\Box$ Leg warmers

 $\Box$  lightweight wind vest

Skull cap that will fit under helmet

 $\Box$ Glasses?

 $\Box$ Camera?

### In Rear Bag

 $\Box$ 1 pair bike shorts/knickers

 $\Box$ Wool socks x 2

 $\Box$ LS base layer

 $\Box$ SS base layer

 $\Box$ SS jersey

 $\Box$ LS jersey - wool will also work as sweater for evening

Lightweight quick dry pants or zip off pants

 $\Box$ LS quick dry shirt for evening\*

□Toiletries + chamois cream!

- □Lightweight shoes for around town?
- □Fleece vest or stuffable down vest if cold temps are forecast?
- □Swimsuit?

#### In Frame bag

- □Food
- $\Box$ tire levers
- □patch kit
- $\Box$ spare tube

#### Sharing:

□Topeak mini morph or similar pump

□Swiss army knife

- $\Box$  mini tool with chain breaker
- □Light lock
- □Folding tire if traveling remote areas
- □ First Aid kit
- □Duct Tape around a pencil
- $\Box$ Zip ties

You can cut weight even further by sharing items with your partner such as:

- □Tooth paste
- Deodorant
- $\Box$  sun tan lotion
- □bug lotion

\*You can eliminate the need to pack an extra shirt for evenings if you don't wear a "racer" cut and colored jersey. Instead wear & pack wick away shirts or wool jerseys/shirts. At the end of day one the kit you wore goes into the wash and hangs to dry while you wear next day's "jersey" to dinner. Repeat daily. You only need one pair of MTB shorts. Switch out clean liners or bike shorts each day. This will eliminate two articles of clothing and save weight. This is especially important in cooler temps when you'll need more clothing options then you will in the summer.

Courtesy of Gus' Bike Shop www.gusbike.com facebook.com/gusbike 603-964-5445