The Area Weekly / Repeating rides are open to everyone and best of all they’re free! Some of these rides listed are offered by local bike shops. Club sponsored rides can be identified by a note in the description that says something like “This ride counts for points and mileage”. Anyone participating in a club sponsored ride must sign a waiver - NO EXCEPTIONS.

Ride Ratings: A = 18-21MPH, B =14-17MPH, C= up to 14MPH

A Word on Safety... HELMETS are required for all NFBC sponsored rides. Please ride carefully and ride responsibly. Inform others in your group of your intentions and don’t do anything suddenly. This will help limit casualties requiring emergency aid from the local fire department. Bicycles on the road are subject to most of the same laws as motor vehicles, so please obey all signs and signals. You can be ticketed for not obeying traffic control devices.

Headphones are illegal while bicycling, in accordance with Florida law.

**MONDAY**
8:30 AM B/A 30 - 100 Miles - Westside. Meet at the eastern trailhead of the Jax-Baldwin Rail Trail, 1804 Imeson Road. Ride Leaders: Clyde Riggs 705-7183 (cell) and Jerry Dryden. THIS RIDE COUNTS FOR CLUB POINTS AND MILEAGE.

**TUESDAY**
8:30 AM, A/B, 37+ Miles. Jacksonville Beach. Sand Castle Beaches Ride. Start from the Sand Castle Shopping Center on the west side of A1A just north of JTB in Jacksonville Beach. Park/gather in the parking lot south of Stein Mart, where there are trees. Ride Leaders: Susan Wallace 710-4429 and Bob Dilley 477-5161. THIS RIDE RATES FOR CLUB POINTS AND MILEAGE.

**WEDNESDAY**
7:30 AM A/B, 25-35 miles Ponte Vedra Beach. The ride will start at Bike Fitters 1110 A1A N, will start at Bike Fitters 1110 A1A N, leaders: Susan Wallace 710-4429 and Bob Dilley 477-5161. THIS RIDE RATES FOR CLUB POINTS AND MILEAGE.

**THURSDAY**
9:00 AM C+/B 23-52 Miles 22223 Mandarin. RAM (Ride Around Mandarin) ride. From the Publix at Mandarin Oaks parking lot at San Jose and Mandarin Roads. Optional lunch afterwards. Ride leaders: Bert Shaw - 262-8902 (cell 415-425-2334) and Mary Greenhill 923-5554. THIS RIDE RATES FOR CLUB POINTS AND MILEAGE.

**FRIDAY**
8:30 AM B/A 30 - 100 Miles - Westside. Meet at the eastern trailhead of the Jax-Baldwin Rail Trail, 1804 Imeson Road. Ride Leaders: Clyde Riggs 705-7183 (cell) and Jerry Dryden. THIS RIDE RATES FOR CLUB POINTS AND MILEAGE.

**SATURDAY**
7:00 AM All levels, 23-52 miles The “Solano Ride”. Cancelled until Spring. 7:00 AM All levels, 23-52 miles The “Solano Ride”. Cancelled until Spring.

**SUNDAY**
6:00 PM A+/A, 25-32 miles Pots 994-5344 THIS RIDE COUNTS FOR CLUB POINTS AND MILEAGE.

**FIRST AND THIRD THURSDAYS**
8:15 AM A/B - Mayport Ferry/ Fernandina: 32, 48 or 60 miles. Meet at ferry parking lot to take ferry across river and ride up A1A to Fernandina Beach and back. Bring S2 for ferry. 60 mile option meets at American Legion at Mayport Road/Atlantic Blvd. at 7:45. Ride Leader: Nathan Michael 904-614-2692. THIS RIDE RATES FOR CLUB POINTS AND MILEAGE.

**NEW YEAR THURSDAY EVENINGS - 6:00 PM**
Melting Pot Ride. A/B 25-37 miles Meet at parking lot beside Melting Pot Restaurant at 7800 Gate Parkway. Ride Leaders: Tim O’Leary and Troy Kress 742-0555. THIS RIDE COUNTS FOR CLUB POINTS AND MILEAGE.

**FRIDAY**
8:00 AM A/B/C 5 - 30 Miles - Arlington. From CHAMPION CYCLING on Arlington Rd., three groups. Beginners will learn basic safety and bike skills. Stan @ 477-4922.

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**SATURDAY**
9:00 AM B/C/S 25 Miles - Orange Park. From Mayport Ferry/ Baldwin Rail Trail for a group ride, so we ride together. We welcome beginners and enjoy teaching bicycle safety and group riding skills. The ride distance is usually 20-25 miles, but can be shorter. The speed is under 14mph. The ride starts at Lakeshore Bicycle & Fitness, 2108 Blanding Blvd, Jacksonville, FL 32210. Contact Mark at Lakeshore Bicycles & Fitness - 388-0612.

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7:30 AM B/C 30 Miles - Arlington. From CHAMPION CYCLING on Arlington Rd., three groups. Beginners will learn basic safety and bike skills. Stan @ 477-4922.

**SATURDAY**
8:00 AM (7:30 am when the weather gets warmer)! Tour de Jax A/B/C - new riders welcome. No rider left behind. 35 Miles. Mandarin. From Mandarin Landing Shopping Center. Meet in front of Steak and Shake. For those who have bemoaned the lack of hills in our area, we offer the OPTIONAL BRIDGE CHALLENGE in addition to our scenic ride to, from and around downtown Jacksonville, with a rest stop in Metropolitan Park on the river. Ride Leader: Sue Craig 737-5525. THIS RIDE COUNTS FOR CLUB POINTS AND MILEAGE.

**SATURDAY**
7:30 AM B/C 25 - 40 miles San Jose. From Open Road Bicycles at Miramar Plaza, Contact: Scott 636-7772.

**SATURDAY**
7:00 AM A/B/C/S, 28 to 47 Miles NW St. Johns County. Tour de Durbin Crossing. The ride will start at Veteran’s Park in NW St. Johns County. From I-295, South on San Jose 5 miles, East (left) on Race Track 4 miles, South (right) on Veterans Parkway 1.2 miles. Contact Troy Kress, Ride Director - 742-0555. THIS RIDE COUNTS FOR CLUB POINTS AND MILEAGE.

**SATURDAY**
7:30 AM A/B, 38 miles St. Augustine. Meet at Cobblestone Village Shopping area, park behind Panera Bread, west of US-1 off of 312. Contact: Ken Hinkle - 824-2422.

**SATURDAY**
9:00 AM A/B 33 - 38 Miles 32233 - Neptune Beach. The Beaches Sundog Ride. Park in the parking lot on the corner of 2nd St. & Lemon St. in Neptune Beach. This is the main ride and is a continuation of the 7:00 am ride (see description above). Ride will leave at 9:00 am sharp. Ride leaders: Arun Tahiliani 662-5742 and Rosemary Clark. THIS RIDE RATES FOR CLUB POINTS AND MILEAGE.

**Social rides**
**MONDAY**
9:00 AM B/C/S - A riders welcome. 29 - 40 miles from Mimis’ Cafe at St. Johns Town Center. This ride makes multiple stops and ends with optional lunch at Mimis’. Ride Leaders: Bert Shaw - 262-8902 (cell 415-425-2334) and Bob Lucas - 6997875 (cell) of ride). THIS RIDE COUNTS FOR CLUB POINTS AND MILEAGE.

**WEDNESDAY**
9:00 AM Depart for the Imeson Rd end of the Jacksonville-Baldwin Rail Trail for the ride to the TA Truck Stop in Baldwin for breakfast. Distance 30 miles. Ride Leader: Clyde Riggs - 705-7183 (cell). THIS RIDE COUNTS FOR CLUB POINTS AND MILEAGE.

**THURSDAY**
9:00 AM C/S 30 miles from Main Beach. Fernandina Beach into Fort Clinch. Bring $2 for fort admission. Optional lunch afterwards. Ride Leader: Don Eipert.904-261-5160. THIS RIDE COUNTS FOR CLUB POINTS AND MILEAGE.

**FRIDAY**
9:00 am, Barely B/C/S, 32 miles Arlington. Meet in Lowe’s parking lot near 5210 Florida Ave, 12997 Atlantic Blvd, Jacksonville, FL - to McKeller’s Landing and back. Social hour at Chili’s after the ride. Ride leader: Bert Shaw - 262-8902 (cell 415-425-2334). THIS RIDE COUNTS FOR CLUB POINTS AND MILEAGE.

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**SATURDAY**
7:30 AM C 29-25 miles. WESTSIDE. Join us for a leisurely Saturday morning bicycle ride. This is