

# Hi Gateway Cupcakers!

Thank you for participating in this super sweet event! Here is a bit of helpful info for you to know **before** the event.

## Packet Pickup/Registration Fri, Nov 6th at Big Shark 1155 Big Bend, 63117 1:00 pm – 7:00 pm.

**RACE DAY Packet Pickup/Registration in Front of Sunnen Station Apartments** starts at 8:00 am @ 31 Sunnen Drive-Maplewood Missouri. Parking will be at Sunnen Drive and Big Bend- follow the signs!

## HOW IT WORKS:

Run/Walk. Enter Cupcake Corral. Eat one (yeah, just one) cupcake <u>in the corral</u>. Take the "3" minute chip with you. Run/Walk to the next corral. Repeat (up to five times) until you reach the finish line. You can earn a maximum of 15 minutes in time deductions.

After crossing the finish line hand your chip(s) to a "cupcake counter". They will calculate your time deduction which will be subtracted from your overall run time for your "cupcake adjusted time". Non-Eaters...you know what to do...

### SAFETY:

The Maplewood Police Department will be present. Course Marshals and volunteers will be stationed along the run route. Please note the event happens rain or shine. Lightning, tornadoes, and/or other unpredictable forces may delay or cause the event's cancellation. IF there is a cancellation there will be no refunds.

## PARKING:

Please park in the Parking lots on the East side of the course- entry off of Sunnen Drive/Big Bend Blvd.

## **RESTROOMS:**

Port-a-Potties and trash cans will be located near the start/finish area.

#### FRIENDLY REMINDER:

Maplewood and the new Sunnen Station development is a great place to recreate-<u>please help us keep it clean</u> by hanging onto your trash until it can be thrown in a trash receptacle located at each cupcake corral or in the Start/Finish Area.

Thank you for registering for the Gateway Cupcake 5k. There are lots of events to choose from and we appreciate your participation in this locally owned and operated event!

Your Big Shark Events Crew

