

Thank you for registering for the Missouri Championship State Time Trial. Please read thoroughly!

Please NOTE- due to flooding the route has changed. The 40K distance will do 2 laps of the 20K. Please know that the 1<sup>st</sup> turn for all events is LEFT. 40K will see the 1<sup>st</sup> turn around 2 times. 40 K will only see the 2<sup>nd</sup> turn around once. All races will finish with a RIGHT turn back to the finish line on Seeburger Road.

**USAC License:** This is a USA Cycling sanctioned event and you MUST have a 1 day or an annual license to participate. Both annual & 1 day licenses will be available onsite.

**SAFETY:** Volunteer Course Marshals will be stationed at all intersections and turns. This is a rules-of-the-road event and the course IS open to traffic. Please make your own safety the priority.

**EVENT TIMING:** USAC Officials are timing/scoring this event. Please affix your bib number **correctly** on your **right side** to ensure accurate timing/results. See an Official if you have questions on how to pin on your bib number.

## PARKING/REGISTRATION:

Parking and Registration for the races has been relocated to Glazers Distribution Center Parking Lot. This is closer to the start line and more convenient. The address is: #1 Glazers Way, St. Charles, MO 63301 When you exit off of Highway 370, Glazers Way is on your right prior to Mueller Road. Please park in the front lot. Registration, bathroom, and hand washing station will be visible. Registration is about .75mi from the Start Line. **DO NOT PARK** in their shipping/trucking area. Please warm up off the course on Mueller Road. **DO NOT CONGREGATE ON THE RACECOURSE** - it is open to traffic! Be extremely mindful when walking or riding to/from the Start/Finish Area.

## **RACE: Course notes:**

- Please make yourself familiar with each route (20K and 40K). Pavement quality is great; however the recent rain might have changed course conditions.
- The 20K course turn around will be in front of a turn that has good visibility- please be prepared to turn and aware of your surroundings. **NOTE- it is the athlete's responsibility to know the course.**
- The 40K turn around will be in front of an intersection that has good visibility.
- Please be aware that there will not be a lot of run-out after the finish line.
- START LIST (Racer Order) will be posted online by FRIDAY AFTERNOON.

## PLEASE Use Common Sense on the Bike

- Do Not Cross the center yellow line!
- Do Not Draft
- Ride single file, Do Not Ride 2-3 abreast
- Stay to the right unless passing
- Be aware of your surroundings at ALL TIMES
- Familiarize yourself with your specific course- and your Finish Line Location.
- HEADPHONES ARE NOT ALLOWED.

## TIMELINE FOR RACE DAY:

- 7:30 AM Onsite Registration Opens 8:30 AM Onsite Registration Closes
- 9:00 AM First Riders begins Time Trial
- There will be an Awards Ceremony. If there are timing issues they must be brought up once results are posted.
- Medals will be awarded. Official State Jerseys will be mailed post event. Jersey cost is approximately \$65 + shipping.

**RESTROOMS:** Portable Restrooms will be available in the parking lot and at the start. Water is not available on site- please come prepared.

**FRIENDLY REMINDER:** Please be respectful of St. Charles area residents and their property. We know there are lots of events to choose from and we appreciate your participation in the Missouri State Championship Time Trial! Thank you.