

Bike Equipment	Camping Equipment	Bike Clothes	Off Bike Clothes	Miscellaneous	Toiletries
Bike	Ear plugs	Bike jerseys (2)	Puffy coat	Small notebook/pen	Toothbrush & Toothpaste & Floss
Bike lock	Mess kit (Cooking, spoon, fork,	Bike shorts (2)	Lightweight long sleeve (bug s	Waterproof phone case	Comb
Helmet	Stove (A small backpacking sto	Bike socks (2)	Tee shirts (2)	Cell phone	Shaving stuff
Mirror	Stove fuel	Rain gear, jacket and pants	Merino wool base layer shirt	Chargers for all electronics (Ph	Soap/shampoo
Cycle computer	Lighter / waterproof matches	Arm & Leg Warmers	Shorts (1)	Audio player/speakers	Towel & washcloth
Front panniers	Cooking equipment (pot, cookir	Waterproof shoe covers	Quick dry long pants	Charging brick	Deodorant
Rear panniers	Personal eating utensils (fork, s	Helmet rain cover	Underwear (3)	Band-Aids / First aid kit	Aspirin / Ibuprofen / Vitamins
Rear rack top bag	Pillow &/or case	Long gloves	Socks	Sunscreen	Imodium / Pepto
Handlebar bag	Plastic hammer	Short gloves	Belt	Lip Balm Sunscreen	Eye drops (allergy & wash)
Bungie cords	Sleeping pad	Sunglasses (Dark & Yellow lens	Wool or fleece jacket/sweater	Sewing kit	Scissors
Cargo net	Sleeping bag	Bike shoes	Wool/fleece hat	Ear plugs	Nail clippers
Water bottles, large (2)	Sleeping bag liner	Hi vis vest	Light rain jacket, with hood (&/o	Safety pins & paper clips	Nail file
Headlight/rear lights	Tent (2 person, w/rain fly)	Long sleeve white t-shirt	Bathing suit	Insect repellent	Scrub brush
Light charger(s)	Stakes (and extra stakes)		Tennies/sandals/flip flops	Plastic bags (zips, trash...)	Shower / string bags
Zip ties	Tent poles		Bandanas (3)	Book(s) / Tablet /	
Tire levers	Tent footprint		PJs	Kleenex	
Tire patches/boot	Tent dry sacks		Baseball / Outdoor hat	TP	
Tire pump	Headlamp			Wipes (Clorox & camp)	
Tubes (2)	Nylon cord			Hand sanitizer	
Bicycle tool kit	Solar lamp			Masks	
Tweezers (for tire wires, etc.)	Mosquito netting			Mojo	
Pocket knife or Leatherman	Clothes line			Farkle	
Small chain lube and rag	Clothes pins			Doc Bonners	
Valve adapter				Repair patches	
Seat cover (shower caps)				Swiss army knife	
Rubber gloves				Pant/leg straps	
ACA triangle				Batteries (lights)	
Readers (regular & sun)				Reading glasses/case	
Mojo				Itinerary/maps/calendar	
Duct/gaffers tape				Camp food	
Phone mount				Snacks	
				Martini glass	
				Olive skewers	

Suggested items only. Weather determines clothing and misc needs. Less is more!