

5K 10K k Kid's Race Saturday, October 29, 2022 @ 9 AM **Southeast Iowa Regional Medical Center**

Deadline for Advance Registration is Monday, October 17, 2022.

Please Note our New Starting L Participants are encouraged to we October 29, 2022: 7:30 AM 9:00 AM 9:15 AM Approx. 10:30 AM	ear Halloween Costumes Packet Pickup/ Race Day Registration Kid's Race Around Hospital Pond (Approx. 1/	donuts from Harvestville Farms
Check One Box	Advance	Late
🔲 3.1 Mile (5k) 🔲 6	.2 Mile (10k) \$20.00	\$25.00
General Kid's Race	\$10.00	\$10.00
City	State	Zip
Phone: <u>()</u>	Email:	
Sex: M F A	ge on Race Day:	
Long Sleeve Shirt Size:	YOUTH SMALL YOUTH MEDIUM	YOUTH LARGE

SMALL MEDIUM LARGE 1XL 2XL 3XL

Waiver: By submitting this entry form, I hereby, for myself, my heirs and my executors, waive and release all rights and claims for damages I may have against PORT, City of Fort Madison, all sponsors, race directors, and management's organizations for any injuries suffered by me in this event. I attest that I have trained sufficiently to participate in this event and I am physically fit.

(Parent or Guardian must sign if entrant is under 18 years old.)

Signature: ____

Date:

