



EXPECTATIONS & REQUIREMENTS (NO DISCUSSION, NO EXCEPTIONS):

- SHOP POLICY:
 - Riders must wear a helmet.
 - Riders **MUST** stop for all red lights and at all STOP signs.
 - Follow all rules of the road; obey all traffic laws
- Arrive early; rides will depart the lot promptly at the designated departure time (the group won't wait for you).
- Everyone is responsible for knowing the route; please upload it to your device if you have one
- Required: helmet, tail light, water, proper nutrition for the ride duration; bike in top mechanical order, visible clothing
- Carry your own supplies to repair a flat (spare tube, pump or CO2, and multi-tool)
 - Riders are expected to know how to fix their own flat tires
- Review the rider expectations; sign the waiver.

COMMON SENSE & COURTESY:

- Group rides are a fun, social event. Group rides are not a race or a training ride - if you do not follow the rules, you will be asked not to return.
- The safety of the group depends on **everyone**:
 - If you ride in the front you are in a position of responsibility; you are the eyes of the group and the one responsible for making decisions that affect everyone else on the ride.
 - Ride in a steady controlled manner.
 - All riders will wait at regroup points until the leader starts the group again.
- **You are responsible for yourself** (we will not ride after you if you make a wrong turn).
 - Notify the group leader(s) if leaving the ride
- Riders must show courtesy to other road users:
 - Keep right while riding and when re-grouping at junctions.
 - No more than two by two, side by side (close together)
 - No bunching up or blocking the road when stopped to regroup
 - Use hand signals
 - Vocalize obstacles and hazards to other riders (when safe to do so); "Car Back" means riders fall into single file and allow other riders in.