



EARLY 8AM-1PM

- AVOCADO TOAST \$9**
PICKLED RED ONION / MICRO GREENS / FRIED EGG / CHILI FLAKES / TOASTED SOURDOUGH
- EGG SANDWICH \$9**
SCRAMBLED EGGS / AMERICAN CHEESE / GARLIC AIOLI / ARUGULA / CIABATTA
+ BACON \$2
- BOTTLE CAGE BURRITO \$11**
AVOCADO OIL TORTILLA / SCRAMBLED EGGS / BLACK BEANS / POTATO / MONTEREY JACK / BACON / SALSA
+ VEG SUB SPINACH FOR BACON
- B & G \$10**
FLAKY BUTTERMILK BISCUIT / SAGE, FENNEL, AND ROSEMARY SAUSAGE GRAVY
- CLASSIC BREAKFAST \$12**
TWO EGGS / BREAKFAST POTATOES / TOAST / CHOICE OF BACON, SAUSAGE OR AVOCADO MASH
- BLT \$11**
W/GARLIC AIOLI + SIDE OF BREAKFAST POTATOES
+ FRIED EGG \$2 + AVOCADO MASH \$2

SNACKS 11AM-CLOSE

- CRISPY TOFU STICKS \$10**
W/ SUNFLOWER SLAY SAUCE
- CHIPS 'N DIPS \$10**
CHIPOTLE BLACK BEAN DIP / GUACAMOLE / SALSA
- HUMMUS PLATE \$11**
HUMMUS / TZATZIKI / TAPENADE / VEGGIES + PITA
- BIG PRETZEL \$8**
W/MUSTARDS
- FRY PLATE \$10**
SWEET POTATO OR FRENCH FRIES / KETCHUP / HOUSE FRY SAUCE

BRUNCH COCKTAILS

MIMOSA \$8

BLOODY MARY \$8

LOADED BLOODY MARY (BACON + EXTRA GARNISH) \$10

HANDHELDS SERVED W/CHIPS OR FRIES SUB SOUP OR SALAD +\$2

- BIKE SHOP BURGER \$15**
6 OZ ALL-NATURAL PATTY / AMERICAN CHEESE / GREENS / TOMATO / RED ONION / PICKLES / TOASTED BUN
- BISON PATTY MELT \$16**
ONION JAM / SWISS CHEESE / CHIPOTLE THOUSAND ISLAND / TOASTED RYE
- FALAFEL BURGER \$15**
TZATZIKI / GREENS / TOMATO / MARINATED CUCUMBER / ONION / TOASTED BUN
- CURRY CHICKEN SALAD \$14**
GREENS / TOMATO / MULTIGRAIN BREAD
- GRILLED CHEESE \$10**
THREE CHEESE BLEND / SOURDOUGH

SEASONAL DRINKS

THE ETERNAL FLAME \$13
GIN / GRAPEFRUIT / HERBAL BITTERS / ELDERFLOWER / VANILLA

GOLDEN MILK \$7-8.5
TURMERIC / GINGER, LEMONGRASS / PINK PEPPERCORN / STEAMED MILK

BOWLS 11AM-CLOSE

- + CHX/TOFU/FALAFEL \$4 + BURGER \$6
- KALE CAESAR SALAD \$11**
RED ONION / CROUTONS / CHERRY TOMATO / PARMASAN / HOUSE CAESAR DRESSING
- TRAIL MIX SALAD \$12**
MASSAGED KALE / APPLE / DRIED CRANBERRIES / SUNFLOWER SEEDS / BLEU CHEESE/ LEMON DRESSING
- ATHENA GREEK SALAD \$13**
GREENS / KALAMATA OLIVES / FETA / ARTICHOKE / BELL PEPPER / CHERRY TOMATO / RED WINE VINAIGRETTE
- SMOKED TOFU & SPICY RICE BOWL \$16**
SHIITAKE MUSHROOMS / AVOCADO / KIMCHI / CASHEWS / MISO DRESSING
- SWEET POTATO & QUINOA BOWL \$16**
KALE / PICKLED ONION / ALMONDS / COCONUT-RASPBERRY DRESSING
+ CHOICE OF CHICKEN OR TOFU
- STEAK & GARLIC POTATO BOWL \$19**
BALSAMIC-GLAZED BRUSSELS SPROUTS / CRISPY ONIONS

ALL TABS LEFT OPEN AT THE END OF THE NIGHT WILL BE CLOSED INCLUDING A 20% GRATUITY

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE MEDICAL CONDITIONS