

About this Map

Special Thanks

Halifax Regional Municipality has published this map to help encourage cycling as a practical and healthy means of transportation and recreation. This map shows suggested routes that have been identified by experienced local cyclists, local community organizations, and members of Halifax Regional Municipality's Active Transportation Advisory Committee. Thanks to all the groups and individuals who contributed to the development of this map!

The Fine Print

Cycling is permitted on all Multi use pathways. Maps and information on the local trail systems are available athalifax.ca/trails.

This map should not be construed as representing the absence of hazards for cyclists on any particular street, nor is it intended to suggest that cycling is only permitted on the identified streets. Cycling is allowed on all streets and roads, except where signed as prohibited.

Use your own judgement, based on your level of experience and cycling ability when deciding if you should take these suggested routes. Some of the routes shown may not be ideal for all cyclists. Extra caution is advised on routes on main roads. The routes suggested on this map are not intended as a guide for children.

Users of this map bear full responsibility for their own safety as well as the results of their own negligence.

Cycling in Halifax

Quick Links

Projects and Programs to Support Cycling
halifax.ca/cycling

Get Out Check it out Walk, Hike, Bike HRM
halifax.ca/trails

Halifax Active Transportation Plan
<https://www.halifax.ca/transportation/transportation-projects/active-transportation>

Bike Week
halifax.ca/bikeweek

HRM Customer Service Centre (311)
www.halifax.ca/311
• report road maintenance issues
• request a bike rack (on public property)

Halifax Smart Trip Sustainable Commuting Options Program
<https://www.halifax.ca/transportation/halifax-transit/smarttrip-program>

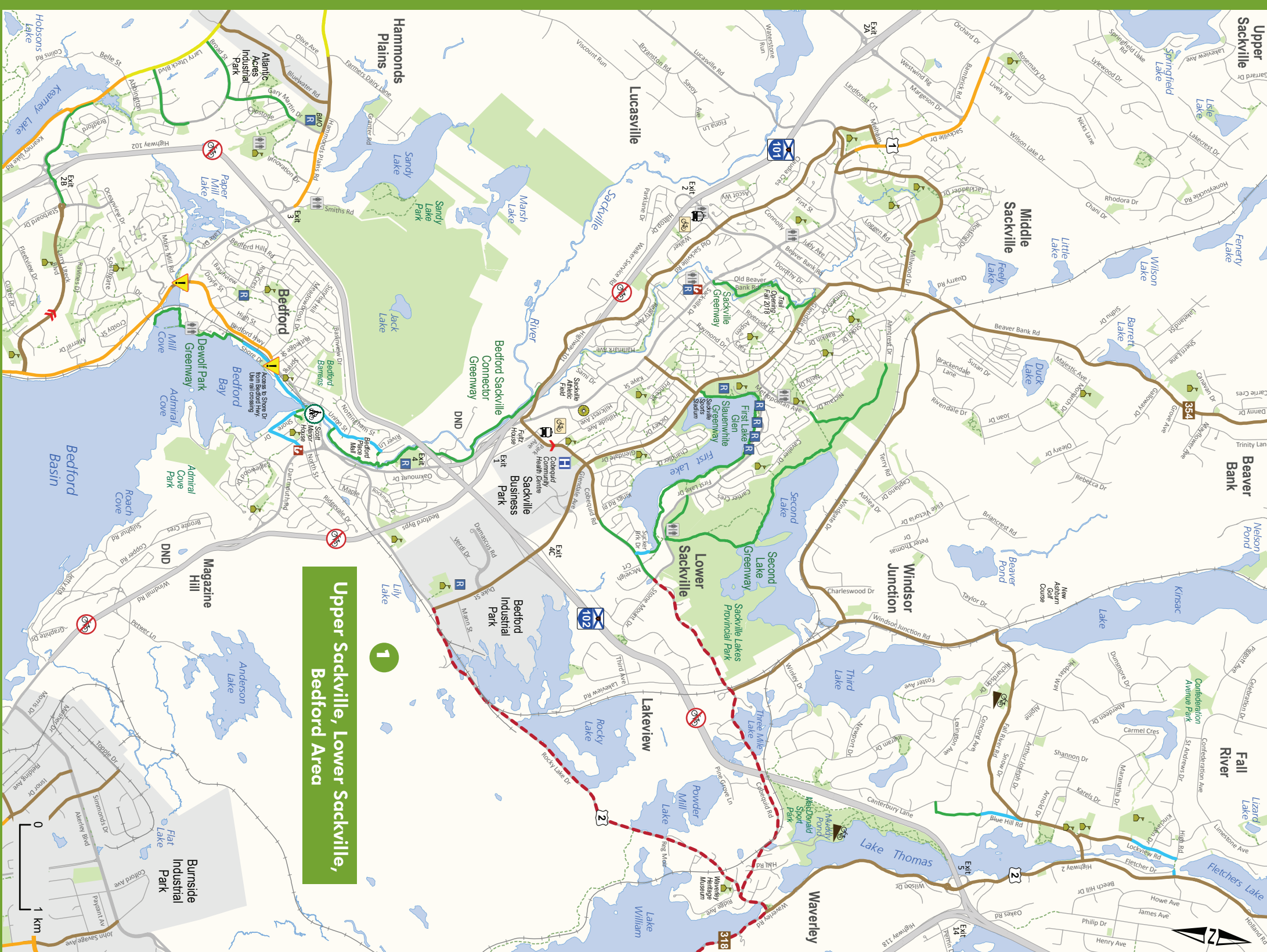
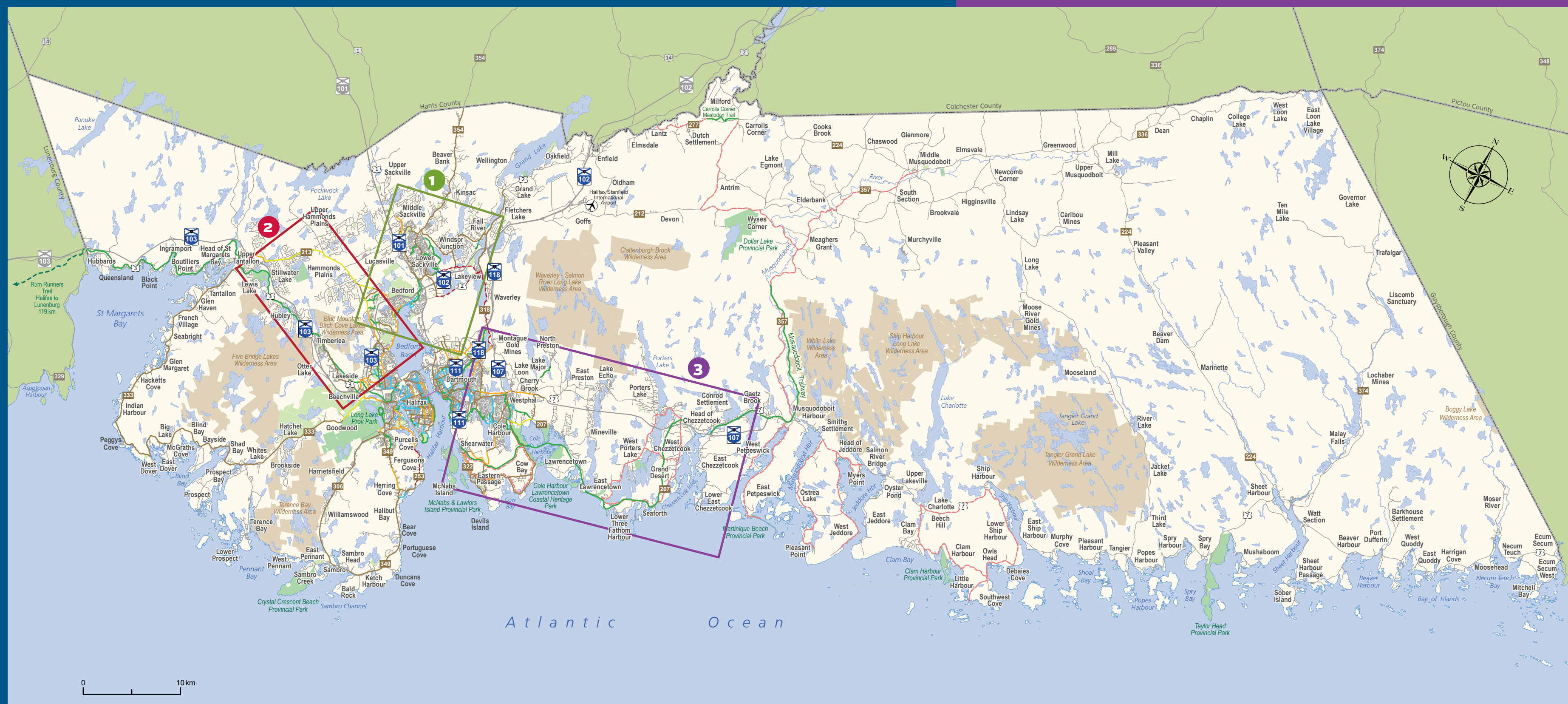
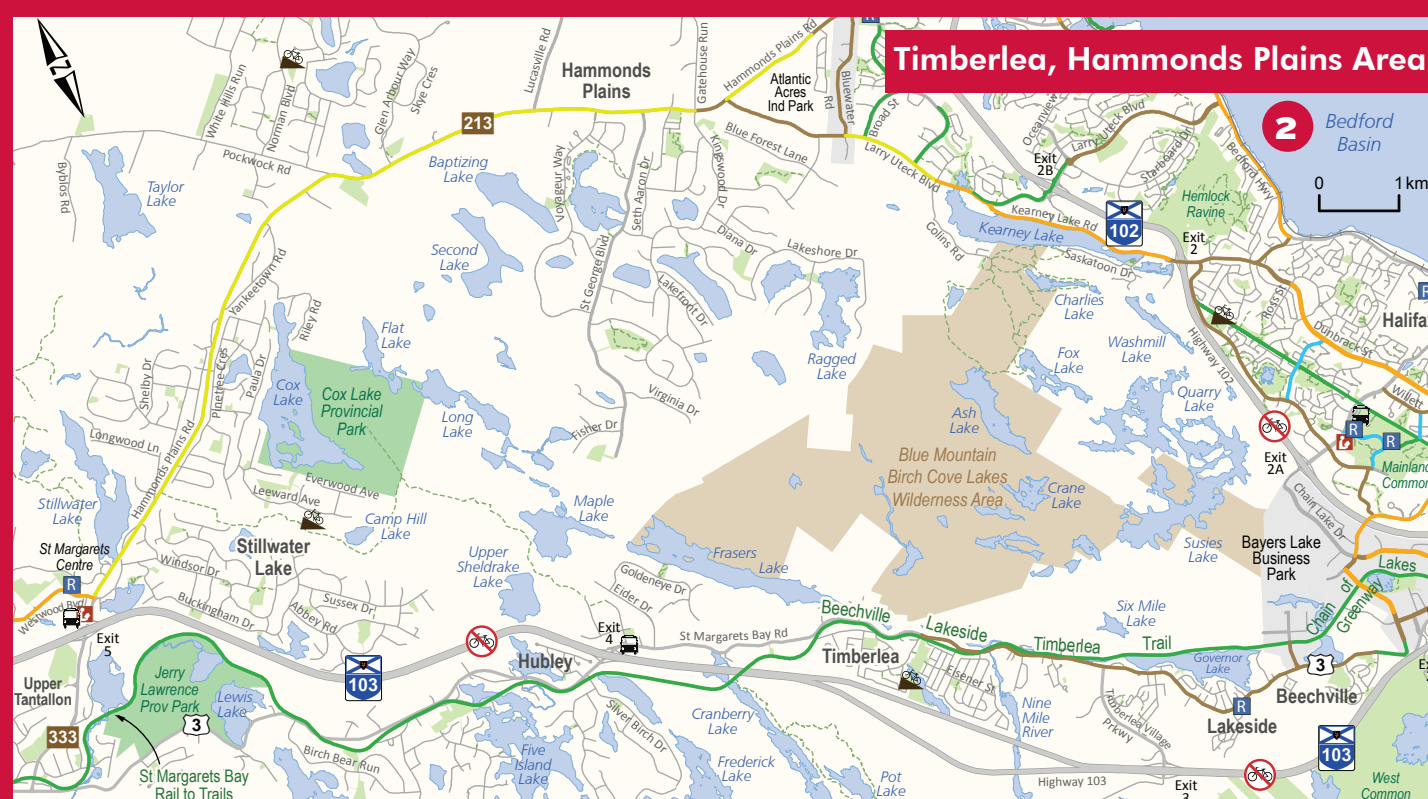
Heads Up Halifax Safety Campaign
<https://www.halifax.ca/transportation/cycling-walking/crosswalk-safety>

NS cycling clubs, GPS coordinates for day rides, and information on the NS Blue Route
bicycle.ns.ca

Bike Helmets
Wearing helmets is mandatory under Nova Scotia law for all ages



- Protected Bike Lanes
 - Multi-Use Pathway*
 - Painted Bike Lane
 - Suggested Bike Route on Main Road
 - Suggested Bike Route on Local Road
 - Paved Shoulder
 - Community Pathways & Trails (surface varies)
 - Scenic Day Route in Rural Area (See map of HRM and Cole Harbour)
 - Bicycle Sales, Rental & Repair
 - Public Schools
 - Halifax Transit
 - Public Washroom
 - Bike Lockers Available
 - Bike Dirt Jump
 - Cyclist Use Caution
 - Recreation Facility
 - No Bicycles Permitted
 - Public Library
 - Bicycle Connection Possible with Dismount
 - One-way Street
 - Hill, Steep Hill (points up hill)
 - HRM Park & Greenspace
 - College & University Campus
 - Provincial Park
 - Business & Industrial Areas
 - Bicycle Repair Station
- *Multi Use Pathways (MUPs) are corridors intended for active transportation -- walking, cycling, wheeling, skateboarding, and other non-motorized modes. MUPs are typically at least 3m wide and have a paved or crusher dust surface. They are separate from the roadway (motorized traffic) and provide an extra level of safety and comfort for users of all ages and abilities.



Bike Map

The "Bicycle Route Marker" sign is used to indicate the road is part of a bicycle route.



This sign is used in situations where roads have unusual characteristics. These include narrow lanes, poor visibility, changes to the roadway alignment or where a reserved bicycle lane ends.



This sign is used to warn cyclists and motorists that cyclists are allowed full use of the lane ahead and to warn motorists that the lane is too narrow for side by side operation.



The reserved lane sign is used only where the bicycle lane has been painted on the road, along with bicycle symbol pavement markings. There is no parking allowed in bicycle lanes, but stopping briefly to load/unload is permitted.



Shared use lane markings or "sharrows" are pavement symbols placed to indicate a shared lane environment for bicycles and automobiles and recommend proper bicyclist positioning.



For digital version of the map and future updates please visit
halifax.ca/cycling



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