

A More Relaxed Way to Ride



Discover a more relaxed way to ride with a stable, versatile step-through bike that offers a recumbent design to comfortably distribute weight and maximize support.



R50 R30



	R50	R30
FRAME	Dual Form™ step-through recumbent	
PEDAL TYPE	Self-balancing with adjustable straps	
SEAT TYPE	Comfort Arc™ Seat with oversized reclining mesh seatback	Comfort Arc Seat with mesh seatback
SEAT ADJUSTMENT	Fore / Aft via easy-adjust lever	
FLYWHEEL	N/A	10.5 kg / 23.1 lbs.
RESISTANCE SYSTEM	Exact Force™ Induction Brake	ECB magnetic braking system
RESISTANCE LEVELS	30 levels, electronic	20 levels, electronic
HANDLEBAR TYPE	Seat-mounted with heart rate grips and resistance toggles, front assist handles	
EXTRAS	Water bottle holder, step-assist platform	Water bottle holder
DIMENSIONS (L x W x H)	183 x 64 x 136 cm / 72" x 25" x 54"	158 x 64 x 121 cm / 62" x 25" x 48"
PRODUCT WEIGHT	78 kg / 172 lbs.	70 kg / 155 lbs.
USER WEIGHT CAPACITY	159 kg / 350 lbs.	
HOME WARRANTY	Lifetime frame, 7 years parts, 2 years labor	Lifetime frame, 5 years parts, 2 years labor
CONSOLE	Choose from three console options to customize your workout experience. See reverse for more information.	

JOHNSON EXCLUSIVE TECHNOLOGIES

At Johnson Health Tech, we invest in advanced technology that completely redefines the exercise experience. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.



Our Dual Form™ Frame significantly improves rider stability over single-post designs and offers a low step-through height for easy access.



Our Comfort Arc™ Seat is ergonomically molded to provide unmatched comfort, support and balance during workouts.



Exact Force™ Induction Brake offers instant, smooth, precise resistance changes at the push of a button, and with no moving parts, it's quieter and more durable as well.



XIR

THE ULTIMATE IN ENTERTAINMENT

Our finest console includes a stunning HD display and an intuitive home screen that offers easy access to entertainment. Includes expanded Bluetooth connectivity to user devices.



XER

INTUITIVE APP INTERFACE

Our XER console includes a clear display and an intuitive home screen that offers easy access to entertainment. Includes Bluetooth connectivity.



XR

SIMPLY PERFECT

Our XR console features a clean, bright display that makes it easy for you to check your workout data at a glance, keeping you on track to reach and surpass your goals.

CONSOLES	XIR	XER	XR
DISPLAY	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	● (11)	● (10)	● (5)
BLUETOOTH ENABLED	●	●	●
SPEAKERS	● (5W)	● (3W)	●
USB PORT	●	●	●
CONSOLE APPS (SEE RIGHT)	●	●	●
VIRTUAL ACTIVE™ INTEGRATED	●	●	●
VIAFIT™ CONNECTIVITY	●	●	●
PASSPORT™ READY	●	●	●
WIRELESS HEART RATE	●	●	●
POLAR® HR STRAP INCLUDED	●	●	●
READING RACK	●	●	●
ENERGY SAVER MODE	●	●	●
HOME WARRANTY	5 years parts / 2 years labor		

CONSOLE APPS			
Simple	Track	Virtual Active	Change Workout
My Media*	Weather	YouTube	Facebook
Twitter	Netflix	MyFitness Pal	Spotify
Instagram	Press Reader	Card Games	Web Browser*

Product includes some applications that require service agreements with the content providers of those applications. Service agreements with those third parties may not be available in your country.

* XIR only.

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Our integrated ViaFit™ connectivity system sends workout data to the fitness apps and tools you already use. It also makes it easy to share data in your favorite social networks.



This scientifically validated high-intensity interval training program burns fat and builds muscle in short workouts that anyone can fit into their schedule.



Passport™ compatibility makes it easy to experience the global HD destination footage of our immersive Virtual Active™ program on your big screen.