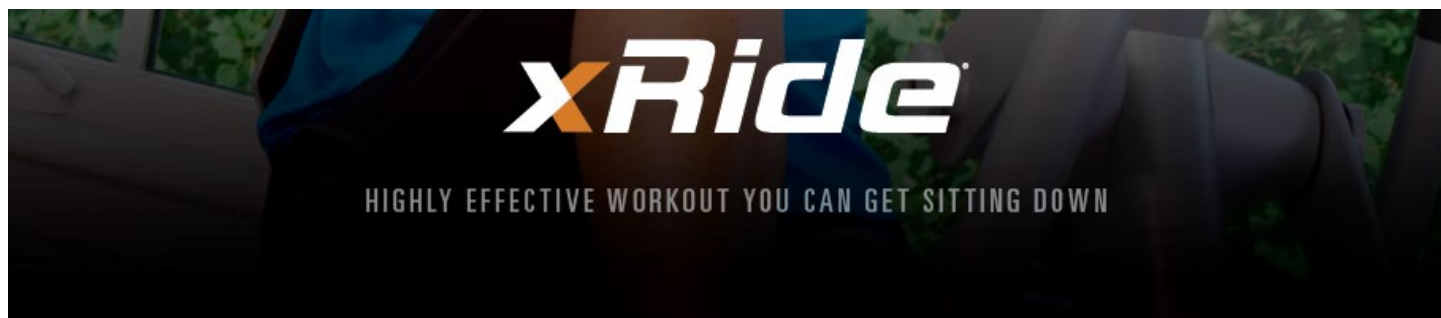


Octane xR6 Recumbent Elliptical

Get ready for the ride of your life with Octane's xR6 Series recumbent elliptical machines. Offering innovative, motivating programs and features, the Octane xR6 gives you an 'alternative fuel' to help you achieve your exercise goals. You'll love its smooth elliptical motion and the invigorating push/pull action of the moving handlebars as you pedal and push your way to an exhilarating total-body workout experience.

All xR6 models include many program options and customizable interval programs that let you make your workout your own. The xR6e and xR6ce offer heart rate-controlled programs to help you better manage your training, plus the innovative 30:30 performance program that lets you test your fitness level and see your exercise efforts pay off in just a short period of time.



ADDITIONAL KEY FEATURES

- Total body.
- Step-through design.
- Soft grip pedals with Stationary foot pegs.
- MultiGrip handlebars.
- Contour seatback.
- Water bottle/accessory holders.
- 5 Seat tilt adjustments.
- 20 Seat height adjustments.

Warranty

| | |
|-----------------------------|----------|
| Frame | Lifetime |
| Parts, excluding Powerbands | 5 Years |
| Labor | 1 Year |

SPECIFICATIONS

| | |
|-----------------------|--------------------------|
| Max User Weight | 300lbs (136kg) |
| Footprint | 35" x 71" (89cm x 181cm) |
| Footprint - Live Area | 31" x 83" (79cm x 211cm) |
| Product Weight | 244 lbs (110.7kg) |



LOWER-BODY MOTION ▶

Thanks to unique PowerStroke pedal motion on the xRide, you benefit from full leg extension and maximum range of motion, which can activate more muscles and burn max calories.

Also, by varying your foot position on the oversized pedals – such as pushing with only the balls of the feet or the heels – you can change how the muscles are engaged. Point toes out to activate the inner thighs, point toes inward to activate the outer thighs.



◀ UPPER-BODY WORKOUT

The patented MultiGrip handlebars enable users to target different muscles using various grips, emphasize pushing or pulling motions or even challenge themselves by using only one arm at a time. Plus, exercisers can periodically isolate the upper body by taking the legs out of the action using the stationary foot pegs.

30:30 ASSESSMENT PROGRAM

Octane's signature 30:30 program includes five sets of 30-second high-intensity intervals and 30 seconds of recovery. At the end, exercisers can review their stats that include average maximum and minimum heart rates and a heart rate recovery number. Heart rate recovery is a measurement of fitness, the higher the number the better.

EXPECT INNOVATION

Octane Fitness has redefined seated exercise with the unparalleled xRide recumbent elliptical. With a proud history of continual breakthroughs, our passion is to create innovative fitness equipment that delivers superior workouts and exceptional performance to fuel the lives of every exerciser – including beginners, athletes and those in physical therapy or rehab.

FUEL YOUR LIFE WITH THE BEST ELLIPTICALS



◀ CUSTOMIZED COMFORT

The Active Seat Position™ custom-fits exercisers with multiple height and tilt adjustments that open the torso and maximize use of the hip muscles. The wide cushioned seat, supportive backrest, MultiGrip handlebars and oversized soft grip pedals comfortably position users for optimal performance in leisurely or vigorous workouts.

