



SCHWINN



AD6 Airdyne® Bike

Control Your Workout Intensity



MACHINE FEATURES

- » Progressive Wind Resistance
- » LCD Display
- » Interval Training
- » Adjustable Foot Straps
- » Stationary Foot Rest Pegs
- » Quiet, Frictionless Fan
- » Built-In Bottle Holder
- » Transport Wheels

WHAT IS THE AD6?

Quiet Operation

Single-stage belt drive keeps the bike running quietly.

Infinite Resistance

Progressive wind resistance system offers infinite levels of challenge.

Interval Training

Simple-to-use LCD console with speed, distance, time, calories and RevMeter™ RMP gauge offers interval training.

Versatile Pedals

Self-balancing foot pedals with foot straps and stationary foot rest pegs for isolating upper body exercises.

WHY AD6?

<p>Perimeter Weighted Fan Optimized fan for easy start up and a smooth ride.</p>	<p>Single-Stage Belt Drive Provides efficient power transfer, low maintenance, and infinite levels of challenge.</p>	<p>Versatility Multi-position hand grips and adjustable seat offers a variety of workout options.</p>	<p>Program Choices Interval programs, target programs and heart rate level indicators for fat burn, aerobic and anaerobic training.</p>
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TECHNOLOGY

- » Infinite Levels of Resistance
- » Single-Stage Belt Drive
- » RevMeter™ RPM Gauge
- » Telemetric Heart Rate Enabled

MACHINE SPECS

Dimensions

49.7" L x 25.7" W x 50.9" H

Maximum User Weight

300 lbs.

Assembled Product Weight

115 lbs.

Power Requirements

2 AA Batteries (not included)

Warranty

10-Years Frame
2-Years Mechanical
1-Year Electrical
6-Months Labor



Perimeter Weighted Fan



Stationary Foot Rest Pegs



Adjustable Foot Straps