



TRUE® Performance 1000 Treadmill

Affordable Quality. Dependable Performance.



Meet the TRUE Performance 1000 Treadmill

The **TRUE Performance 1000 Treadmill** offers affordable quality without skimping on premium technology and engineering for your home fitness needs.

Your Fitness Experience

Constructed with commercial-grade materials and premium components, so each piece of equipment feels and functions like a commercial machine.

Your Body Will Thank You

TRUE's Soft System® offers a bio-mechanically correct running surface. Neoprene shock absorbers in the front of the deck cushion each foot strike, while the back of the deck provides a firmer sensation allowing for a stronger push off with every step.

Maximize Your Workouts

TRUE HRC allows you to enter your target heartrate for maximum results. Our one touch TRUE HRC Heart Rate Cruise Control™ allows you use HR at anytime in your workout and will adjust speed and incline automatically once you hit your target HR.



Bluetooth® and Polar Heart Rate Compatible*



Track your workouts using the GymTrakr App



HRC® Cruise Control gradually adjusts speed and incline to maintain a constant target heart rate throughout your workout



Includes Heart Rate Strap



TRUE Soft System® decreases impact and stress on your joints



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*T9 Touchscreen Console only

TPS1000 TREADMILL

TECHNICAL SPECIFICATIONS		
Power Source	120V/15A	
Cord Length	10' / 3 M	
Impact System	True Soft System	
Belt	Standard	
Roller Diameter	3" / 7.62 cm	
Frame Construction	Robotically Welded Heavy-Gauge Steel	
Speed Range	0.5 to 12.0 MPH / 0.8 to 19.3 KPH	
Incline Range	0% to 15%	
Quick Access	Quick Touch Speed & Quick Touch Incline Keys	
Handrail Design	Protective Foam Flared Handrails	
Straddle Covers	Heavy-Duty Plastic	
Contact Heart Rate Monitoring	Standard	
Wireless Heart Rate Monitoring	Polar Compatible	
SAFETY		
Safety Clip	Standard	
Extended Handrails	Standard	
REGULATORY APPROVALS		
	ETL UL1647, CSA, FCC	
EXTRAS		
Accessories	Water Bottle Holder (2), Device Ledge, Polar® HR Strap	
PHYSICAL SPECIFICATIONS		
Footprint	79" x 33.5" x 53" / 200 cm x 83 cm x 135 cm	
Running Surface	60" L x 21" W / 152.4 cm x 53.34 cm	
Machine Weight	297 lbs / 135 kg	
Maximum User Weight	350 lbs / 159 kg	
Step-Up Height	6.5" / 16.51cm	
Portability	Two (2) Front Transport Wheels	
WARRANTY		
Warranty Type	Residential	
Frame	Lifetime	
Motor	25 Years	
Parts	5 Years	
Labor	1 Year	

CONSOLE OPTIONS

9" Touchscreen

8.5" LCD

CONNECTIVITY	9" Touchscreen	8.5" LCD
Bluetooth Connectivity: App	•	•
Chest Strap	•	
Headphones	•	
Gym Trakr App Tracking	•	•
Wireless Heart Rate Monitoring: Polar® Compatible	•	•
3.5mm Headphone Jack	•	
Reading Rack/Tablet Holder	•	•
Workouts: Manual, Rolling Hills, Walk & Run Intervals, Hill Intervals, Half Marathon, Speed Ramp, Cardio Challenge, Target HRC, 5K Workout, 10K Workout, Saved Workouts - if activated	•	•
Gerkin Fitness Test, Leg Shaper, Custom Ultra, Single Hill, Weight Loss Hills, Glute Buster, Calorie Goal, Speed Intervals, Weight Loss HRC, Aerobic HRC, Intervals HRC, Saved Workouts - if activated	•	
Saved Workouts: Console Saves Last Ten Workouts	•	•
User Profiles: Four (4) user profiles with up to five (5) saved workouts - if activated		•
Six (6) user profiles with up to five (5) saved workouts - if activated	•	
Touchscreen	•	
SERVICE	9" Touchscreen	8.5" LCD
Software Update via USB	•	•
Self Diagnostics	•	•
Console Warranty: 5 Years	•	•
POWER CONSERVATION	9" Touchscreen	8.5" LCD
Sleep Mode	•	•
LANGUAGES	9" Touchscreen	8.5" LCD
English	•	•
PRODUCT COMPATIBILITY	9" Touchscreen	8.5" LCD
TPS1000, TPS3000, TPS8000	•	•



9" TOUCHSCREEN

- 9" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to 6 user profiles



8.5" LCD

- Quick keys, connectivity, and challenging programs
- Up to four user profiles



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