

2019 Mini-Tri #1

6/24/2019

NAME	HOMETOWN	SWIM	BIKE	RUN	TOTAL
Female 18-29					
Brooke Kelley		0:05:48	0:35:39	0:21:20	1:02:47
Elizabeth Izzo	Lake Placid, NY	0:09:11	0:36:33	0:20:10	1:05:54
Brittany Fredrich	Keesville	0:06:33	0:38:18	0:22:01	1:06:52
Marina Carr	Toronto, ON	0:07:05	0:39:48	0:23:06	1:09:59
Sarah Duclos	Clifton Park, NY	0:09:08	0:39:27	0:21:36	1:10:11
Emma Bowman	Toronto, ON	0:08:08	0:39:25	0:25:03	1:12:36
Katy Tiper	Toronto, ON	0:09:25	0:40:00	0:24:16	1:13:41
Samantha Denning	Potsdam, NY	0:07:15	0:42:28	0:25:16	1:14:59

Male 18-29

Colin Delaney	Lake Placid, NY	0:06:46	0:33:07	0:18:48	0:58:41
Sean Davis		0:06:33	0:33:46	0:19:06	0:59:25
Isaac Chung	Toronto, ON	0:06:10	0:35:21	0:20:38	1:02:09
Mathew Snell	Morrisonville, NY	0:07:21	0:36:15	0:19:46	1:03:22
Tucker Lawrence	Malone, NY	0:10:47	0:44:52	0:21:57	1:17:36
Connor McCluskey	Potsdam, NY	0:11:31	0:47:22	0:24:52	1:23:45

Female 30-39

Sayaka Stiessen	Waterloo, ON	0:07:00	0:36:33	0:21:22	1:04:55
Victoria Lederer	Canton, NY	0:06:18	0:39:24	0:20:00	1:05:42
Paulette Dalton	Toronto, ON	0:07:53	0:37:14	0:22:12	1:07:19
Kim Maguire	Lake Placid, NY	0:09:27	0:38:54	0:27:06	1:15:27
Lindsay Holmes	Milford, CT	0:09:13	0:41:47	0:26:16	1:17:16
Brandi Collier	Plattsburg, NY	0:12:50	0:47:26	0:29:12	1:29:28
Danielle Howard-Ross	Plattsburg, NY	0:12:14	0:47:54	0:31:02	1:31:10
Abby Leonard	Pery, NY	0:13:09	0:47:06	0:31:10	1:31:25

Male 30-39

Everet Lamb		0:06:05	0:31:14	0:18:56	0:56:15
Nate Walsh	Toronto, ON	0:07:01	0:33:50	0:19:06	0:59:57
Nick Littman	Missoula, MT	0:09:00	0:36:03	0:22:10	1:07:13

Female 40-49

Andrea Ryan	Shelburn, VT	0:08:38	0:47:15	0:27:07	1:23:00
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Male 40-49

Jay Niederbuhl	Saranac Lake, NY	0:06:40	0:31:11	0:18:48	0:56:39
Jay Fogarty	Holderness, NH	0:09:07	0:37:04	0:24:24	1:10:35
Tony Martin	Chateaugay, NY	0:11:45	0:45:03	0:24:40	1:21:28

Female 50-59

Kirt Elling	Lake Placid, NY	0:09:31	0:43:31	0:29:06	1:22:08
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Male 50-59

Edward Ing		0:11:02	0:39:35	0:22:04	1:12:41
Bill Peer	Saranac Lake, NY	0:10:47	0:43:26	0:26:02	1:20:15
Mark Ward	Glens Falls, NY	0:09:18	0:43:52	0:27:21	1:20:31
Steve Giles	Shelbrn, VT	0:09:19	0:46:35	0:27:06	1:23:00
Randy Kelley		0:06:52	0:36:14	-	-

Female 60+

Nancie Battaglia	Lake Placid, NY	0:13:06	0:49:58	0:29:09	1:32:13
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Male 60+

Bill Izzo	Lake Placid, NY	0:10:33	0:46:13	0:30:40	1:27:26
Jim Stacy	Hoosick Falls, NY	0:09:43	0:50:19	0:28:43	1:28:45
Rick Plasse		0:10:44	0:47:13	0:31:38	1:29:35
Dan Mulligan	Edinboro, PA	0:16:52	0:57:59	0:23:58	1:38:49

Teams

Hayden Reidy	Plattsburg, NY	0:06:48	0:37:36		
Stephanie Demarais				0:28:03	1:12:27
Thomas Dellinger	Rochester, NY			0:18:05	1:07:30
Katy Tiper		0:09:25	0:40:00		
Elizabeth Izzo	Lake Placid, NY	0:09:11			
Sandy Izzo	Lake Placid, NY		0:40:10	0:25:29	1:14:50
Connor McCluskey	Potsdam, NY	0:11:31			
Sarah Kenny	Nicholville, NY		0:45:20	0:34:00	1:30:51