

2022 Mini-Tri #5**7/25/2022**

	Hometown	Swim	Bike	Run	Total
Female 12-17					
Holly Erenstone	Lake Placid, NY	0:09:54	0:46:13	0:29:31	1:25:38
Female 18-29					
Emma Ticknor	Brooklyn, NY	0:09:39	0:43:47	0:25:32	1:18:58
Jessica Edmonds	Goffstown, NH	0:10:04	1:00:31	0:27:16	1:37:51
Male 18-29					
Liam Davis	Willsboro, NY	0:07:04	0:38:08	0:20:12	1:05:24
Paul Ford	Jay, NY	0:07:48	0:36:27	0:21:52	1:06:07
Luke Barns	Richmond, VT	0:12:17	0:42:19	0:22:11	1:16:47
Ian Montgomery	Eagle Bridge, NY	0:12:54	0:47:34	0:23:25	1:23:53
Female 30-39					
Lindsey Yingst	Lawrence Township, NJ	0:09:58	0:47:00	0:30:13	1:27:11
Male 30-39					
Anthony Chan	La Jolla, CA	0:08:22	0:31:43	0:19:14	0:59:19
Ben Miller	Lake Placid, NY	0:06:51	0:34:56	0:22:09	1:03:56
Keith Kogut	Saranac Lake, NY	0:09:51	0:37:40	0:21:38	1:09:09
Female 40-49					
Karen Stauffer	Nicholville, NY	0:10:32	0:45:48	0:26:58	1:23:18
Male 40-49					
Bryan Magnus	Lake Placid, NY	0:09:20	0:37:54	0:20:47	1:08:01
Matt Cook	Lake Placid, NY	0:09:16	0:35:54	0:23:27	1:08:37
Female 50-59					
Darci Whitney	Lake Placid, NY	0:10:52	0:42:08	0:25:31	1:18:31
Tracey Delaney	Queensbury, NY	0:11:26	0:43:25	0:27:12	1:22:03
April Bailey Montgomery	Cambridge, NY	0:11:46	0:51:57	0:32:12	1:35:55
Male 50-59					
Dylan Cohen	Saranac Lake, NY	0:07:02	0:33:59	0:21:29	1:02:30
Don Mack	Limerick, PA	0:07:46	0:35:00	0:23:22	1:06:08
Mickey Cassy	Lake Placid, NY	0:08:32	0:35:09	0:25:23	1:09:04
Jay Fogarty	Thornton, NH	0:09:35	0:35:43	0:24:56	1:10:14
John Stack	SL, NY	0:10:04	0:42:22	0:34:22	1:26:48
Male 60+					
Greg Dennin	Lake Placid, NY	0:14:03	0:53:38	0:25:52	1:33:33

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	Hometown	Swim	Bike	Run	Total
Teams					
Sean Davis	Willsboro, NY	0:06:14			1:02:21
Evan Rieth	Charlotte, VT		0:35:37	0:20:30	
Sean Davis	Willsboro, NY	0:06:14			1:08:13
Pandora West	Willsboro, NY		0:40:02		
Andy Wekin	Willsboro, NY			0:21:57	
Debbie Erenstone	Lake Placid, NY	0:08:33			1:12:45
Jeff Erenstone	Lake Placid, NY		0:33:27		
Tyler Erenstone	Lake Placid, NY			0:30:45	
Matthew Hoek	NY, NY	0:08:20	0:45:48		1:17:09
Kathryn Hoek	NY, NY			0:23:01	
Sam Ticknor	Madison, NJ	0:10:27	0:41:08		1:17:50
Santiago Quintoe	Morristown, NJ			0:26:15	
Tristan Faville	Essex, NY	0:07:03	0:42:32		1:20:21
Karen Delaney	Lake Placid, NY			0:30:46	
David Cook	Lyme, CT	0:14:56			1:25:45
Andy Cook	Fairfield, CT		0:39:42		
Mark Brockett	Clinton, NY			0:31:07	
Rob & Royce Rohel	Wantage, NJ	0:07:41	1:06:43	0:28:56	1:35:39
Mark Wilcox	Lake Placid, NY	0:06:32			No Runner
Roger Gocking	Saranac Lake, NY		0:40:24		