

2019 Mini-Tri #4

7/15/2019

NAME	HOMETOWN	SWIM	BIKE	RUN	TOTAL
Female <12					
Shalvah Lazarus	Washington, DC	0:11:52	1:14:29	0:28:30	1:47:19
Female 18-29					
Brittany Fredrich	Boulder, CO	0:06:38	0:34:18	0:21:11	1:02:07
Catherine Hebson	Denver, CO	0:09:20	0:42:47	0:22:21	1:14:28
Deirdre Loftus	Lake Placid, NY	0:07:47	0:42:30	0:27:17	1:17:34
Noel Shankster	Toledo, OH	0:08:56	0:46:26	0:55:22	1:21:00
Sarah Kearney	Nicholville, NY	0:00:00	0:56:34	0:35:07	1:31:41
Male 18-29					
Sean Davis		0:06:00	0:32:14	0:18:20	0:56:34
Kevin Cronin	Greenefield, NY	0:08:10	0:34:13	0:17:12	0:59:35
Everett Sapp	Beekmantown, NY	0:07:07	0:33:48	0:20:47	1:01:42
Justin McAuliffe	Shelburn, VT	0:11:08	0:36:31	0:21:31	1:09:10
Tucker Lawrence	Malone, NY	0:09:45	0:41:23	0:22:26	1:13:34
Connor McCluskey	Potsdam, NY	0:11:31	0:43:10	0:25:11	1:19:52
Jim Cummerow	Toledo, OH	0:12:05	0:43:31	0:32:11	1:27:47
Female 30-39					
Whitney Airgood-Obrycki	Cambridge, MA	0:07:28	0:42:17	0:24:18	1:14:03
Marjorie Waterson	Lake Placid, NY	0:10:22			DNF
Male 30-39					
John Obrycki	Cambridge, MA		0:49:54	0:24:10	1:14:04
Female 40-49					
Emma Kieran	Pittsburgh, PA	0:10:16	0:37:59	0:27:59	1:16:14
Kim Case	Lake Placid, NY	0:08:02	0:43:35	0:26:30	1:18:07
Amy Holister	Massena, NY	0:10:42	0:43:07	0:27:06	1:20:55
Male 40-49					
Jay Niederbuhl	Saranac Lake, NY	0:07:10	0:30:43	0:19:07	0:57:00
Matt Cook	Lake Placid, NY	0:09:10	0:35:38	0:23:04	1:07:52
Jay Fogarty	Holderness, NH	0:08:30	0:36:37	0:23:15	1:08:22
Mark Scanio	Lake Placid, NY	0:08:23	0:36:55	0:31:18	1:16:36
David Kieran	Pittsburgh, PA	0:11:08	0:44:49	0:29:37	1:25:34
Edward Lazarus	Washington, DC	0:11:52	1:02:18	0:28:47	1:47:20
Female 50-59					
Kirt Elling	Lake Placid, NY	0:09:23	0:41:28	0:28:28	1:19:19
Male 50-59					
Bill Peer	Saranac Lake, NY	0:10:37	0:38:20	0:25:46	1:14:43
Mike Zerrahn	Plattsburg, NY	0:10:11	0:38:44	0:30:09	1:19:04

Timothy Heasseltine	Saranac Lake, NY	0:10:54			DNF
Female 60+					
Kathy Ventura-Merkel	Brant Lake, NY	0:09:06	0:45:05	0:54:11	1:20:57
Male 60+					
Jim Stacy	Hoosick Falls, NY	0:10:55	0:43:31	0:27:48	1:22:14
Bill Izzo	Lake Placid, NY	0:10:59	0:41:28	0:30:13	1:22:40
Glenn Luther	Sylvainia, OH	0:12:41	0:42:45	0:28:40	1:24:06
John Bishop	Saratoga Springs, NY	0:09:21	0:44:52	0:30:44	1:24:57
Teams					
Mark Wilox	Lake Placid, NY	0:06:22			c
Loring Porter	Lake Placid, NY		0:40:53		c
Jesse Izzo	Lake Placid, NY			1:00:40	1:00:40 c
Sydney Slade	New South Whales, AU	0:06:51			b
Mathew Snell	Morrisonville, NY		0:40:59	0:20:12	1:01:11 b
Chad Lawrence	Malone, NY	0:08:42	0:41:47		d
Paula Lawrence	Malone, NY			1:16:51	1:16:51 d
Sunida Harper	Lake Placid, NY	0:11:21	0:42:00		a
Alexa Harper	Lake Placid, NY			1:19:29	1:19:29 a
Luella Lawrence	Malone, NY	0:08:07			e
Tye Lawrence	Malone, NY		0:56:39		e
Wynonia Lawrence	Malone, NY			1:21:33	1:21:33 e