

2019 Mini-Tri #3

7/8/2019

NAME	HOMETOWN	SWIM	BIKE	RUN	TOTAL
Female <12					
Shalvah Lazarus	Washington, DC	0:14:06	0:00:00	1:55:05	1:55:05
Female 15-17					
Luella Lawrence	Malone, NY	0:08:07	0:52:13	0:28:31	1:28:51
Wynonia Lawrence	Malone, NY	0:10:06	0:55:43	0:28:03	1:33:52
Female 18-29					
Brooke Kelley		0:05:43	0:33:53	0:21:25	1:01:01
Brittany Fredrich	Boulder, CO	0:06:57	0:35:59	0:21:51	1:04:47
Deirdre Loftus	Lake Placid, NY	0:08:04	0:44:12	0:28:02	1:20:18
Male 18-29					
Sean Davis		0:06:01	0:33:23	0:18:55	0:58:19
Barrett Waling	Plattsburg, NY	0:08:17	0:38:51	0:22:56	1:10:04
Tucker Lawrence	Malone, NY	0:10:26	0:43:08	0:24:47	1:18:21
Mike Martineau	Lake Placid, NY	0:09:49	0:44:19	0:26:10	1:20:18
Connor McCluskey	Potsdam, NY	0:11:52	0:49:59	0:20:03	1:21:54
Female 30-39					
Kari Sudfela	Malta, NY	0:11:37	0:43:08	0:23:48	1:18:33
Elizabeth Buchard-Hill	Wadhams, NY	0:09:58	0:42:09	0:31:23	1:23:30
Marjorie Waterson	Lake Placid, NY	0:10:28	0:52:47	0:29:31	1:32:46
Male 30-39					
Jon Clayton	Charolette, NC	0:09:09	0:36:39	0:21:11	1:06:59
DJ Bacette	Saranac Lake, NY	0:08:12	0:37:20	0:22:32	1:08:04
Keith Kogut	Saranac Lake, NY	0:10:04	0:37:01	0:21:47	1:08:52
Joe Currie	Lake Placid, NY	0:08:09	0:38:20	0:22:55	1:09:24
Todd Dowling	Lake Placid, NY	0:10:50	0:37:36	0:27:20	1:15:46
Female 40-49					
Michele Manniun	Camel, NY	0:09:05	0:38:05	0:25:48	1:12:58
Sunida Harper	Lake Placid, NY	0:11:39	0:45:24	0:28:29	1:25:32
Amy Garrison	Lake Placid, NY	0:08:59	0:44:40	0:32:02	1:25:41
Kristen Hatch	Westport, NY	0:14:21	0:48:24	0:23:34	1:26:19
Male 40-49					
Edward Lazarus	Washington, DC	0:14:07	0:00:00	1:55:05	1:55:05
Jay Niederbuhl	Saranac Lake, NY	0:07:03	0:30:39	0:19:30	0:57:12
Matthew Hawes	Sewickley, PA	0:08:08	0:34:36	0:21:24	1:04:08
Jay Fogarty	Holderness, NH	0:08:28	0:47:49	0:24:12	1:20:29

Female 50-59

Kirt Elling	Lake Placid, NY	0:09:18	0:42:46	0:29:49	1:21:53
-------------	-----------------	---------	---------	---------	---------

Male 50-59

Bill Peer	Saranac Lake, NY	0:10:35	0:40:54	0:25:19	1:16:48
Mike Zerrahn	Plattsburg, NY	0:10:15	0:39:40	0:31:05	1:21:00

Female 60+

Nancie Battaglia	Lake Placid, NY	0:14:17	0:49:43	0:26:58	1:30:58
Nancy Bryant	Wilmington, NY	0:13:03	0:50:57	0:36:06	1:40:06

Male 60+

Tom Deluca	Agawam, MA	0:09:39	0:37:58	0:29:33	1:17:10
Micheal Bryant	Wilmington, NY	0:10:23	0:40:56	0:29:29	1:20:48
Karl Zaunbrechor	Saranac Lake, NY	0:10:01	0:40:34	0:32:10	1:22:45
Bill Izzo	Lake Placid, NY	0:10:33	0:43:27	0:29:02	1:23:02
Ward King	Ambler, PA	0:12:09	0:44:56	0:26:16	1:23:21
Jim Stacy	Hoosick Falls, NY	0:10:42	0:47:06	0:27:32	1:25:20

Male 60+

Mark Mulder	Burlington, VT	0:07:49	0:33:50	0:23:58	1:05:37
-------------	----------------	---------	---------	---------	---------

Teams

Mark Wilox	Lake Placid, NY	0:06:30	0:00:00	0:06:30	
Loring Porter	Lake Placid, NY	0:00:00	0:40:40	0:40:40	
Jesse Izzo	Lake Placid, NY	0:00:00	0:00:00	1:00:17	1:00:17

Randy Kelley		0:06:49	0:33:38	0:40:27	
Andrew Favio	Plattsburg, NY	0:00:00	0:00:00	1:01:37	1:01:37

Paul Slayton	Rhinbeck, NY	0:11:31	0:00:00	0:11:31	
Valentina Sedlacek	Hanover, NJ	0:00:00	0:49:52	0:49:52	
Brandt Slayton	Rhinbeck, NY	0:00:00	0:00:00	1:08:25	1:08:25

Lori Freeland	Lake Placid, NY	0:08:01	0:40:26	0:48:27	
Jack Morris	Fan Hills, NJ	0:00:00	0:00:00	1:18:24	1:18:24

Chad Lawrence	Malone, NY	0:08:44	0:43:25	0:52:09	
Paula Lawrence	Malone, NY	0:00:00	0:00:00	1:19:11	1:19:11

Connor McCluskey	Potsdam, NY	0:11:52	0:49:59	0:20:03	
Sarah Kenny	Nicholville, NY	0:00:00	0:58:35	0:33:09	1:31:44