



2025 Mini-Tri # 1 6/23/2025

Male 13-17	HOMETOWN	SWIM	BIKE	RUN	TOTAL
Shay Prickett	Charlottesville, VA	00:06:29	00:46:26	00:34:07	01:27:02
Female 18-29					
Anna Nyman	Lake Placid, NY	00:09:37	00:42:53	00:24:54	01:17:24
Melina Mercier-Provencher	Peru, NY	00:08:59	00:44:07	00:28:27	01:21:33
Male 18-29					
Dale Lavarney	Cadyville, NY	00:08:45	00:37:57	00:22:41	01:09:23
Paul Ford	Jay, NY	00:08:55	00:38:18	00:22:49	01:10:02
Sam Baker	Saranac Lake, NY	00:08:41	00:39:23	00:24:14	01:12:18
Tyler Regan	Orchard Park, NY	00:10:30	00:38:03	00:25:41	01:14:14
Aiden Pearl	Plattsburgh, NY	00:08:52	00:42:52	00:24:29	01:16:13
Connor Sweeny	Oyster Bay, NY	00:09:16	00:49:02	00:25:37	01:23:55
Female 30-39					
Elizabeth Izzo	Lake Placid, NY	00:07:26	00:35:59	00:21:15	01:04:40
Male 30-39					
Joe Merrihew	Saranac Lake, NY	00:08:42	00:37:38	00:21:57	01:08:17
Female 40-49					
Andrea Hudak	Lake Placid, NY	00:11:21	00:41:25	00:32:50	01:25:36
Male 40-49					
Kevin Bouchard-Hall	Elizabethtown, NY	00:08:28	00:30:50	00:20:24	00:59:42
Jan Welford	Keene, NY	00:08:49	00:32:26	00:20:47	01:02:02
James Maswick	Lake Placid, NY	00:09:21	00:38:01	00:25:56	01:13:18
Female 50-59					
Elizabeth Kasins	Troy, NY	00:13:12	00:58:58	00:41:24	01:53:34
Amy Garrison	Lake Placid, NY	00:09:46	00:54:40	-	DNF
Male 50-59					
Dylan Cohen	Saranac Lake, NY	00:07:08	00:35:42	00:22:39	01:05:29
Mickey Cassu	Lake Placid, NY	00:08:07	00:36:19	00:25:45	01:10:11
Jay Fogarty	Saranac Lake, NY	00:09:24	00:36:50	00:28:42	01:14:56
Abby Pearl	Plattsburgh, NY	00:07:57	00:46:24	00:32:33	01:26:54
Bill Peer	Saranac Lake, NY	00:10:53	00:45:40	00:32:42	01:29:15
Male 60-69					
Matthew Hinge	Westport, NY	00:09:04	00:41:16	00:23:55	01:14:15
Bill Izzo	Lake Placid, NY	00:13:28	00:48:43	00:38:52	01:41:03

Teams		SWIM	BIKE	RUN	TOTAL
Helena Cardick	Cadyville, NY	00:06:29			
John Stack	Saranac Lake, NY		00:40:21		
Perry Houle	Cadyville, NY			00:30:23	01:17:13
Mark Wilcox	Essex, NY	00:07:01			
Roger Gockling	Saranac Lake, NY		00:40:45		
Nancie Battaglia	Lake Placid, NY			00:31:53	01:19:39
Sean Davis	Wilsboro, NY	00:05:56			Swim Only