

2023 Mini-Tri #1

6/26/2023

	Hometown	Swim	Bike	Run	Total
Male 30-39					
Matt Delaney	Lake Placid, NY	07:56	35:41	23:17	1:06:54
Tom Daly	Lake Placid, NY	09:02	39:53	29:13	1:18:08
Female 40-49					
Erica LaFountain	Potsdam, NY	09:18	49:07	26:57	1:25:22
Amanda Grant	Wilmington, NY	07:52	55:00	28:10	1:31:02
Male 40-49					
Chris Lake	Phillipston, MA	07:23	40:43	35:35	1:23:41
Female 50-59					
Melinda Fairchild	Saranac Lake, NY	11:34	47:30	30:14	1:29:18
Male 50-59					
Dylan Cohen	Lake Placid, NY	07:02	34:56	20:28	1:02:26
Loring Porter	Lake Placid, NY	08:30	35:13	25:56	1:09:39
Mickey Cassu	Lake Placid, NY	08:18	37:28	26:04	1:11:50
Jay Fogarty	Thornton, NH	09:56	38:17	26:45	1:14:58
Teams					
Shawn Kelly	Albany, NY		35:28		1:07:37
Colleen Porter	Lake Placid, NY	08:20		23:49	
Cadel Cox	Peterborough, NH	11:26			1:14:59
Jack Kroll	Delmar, NY		42:13		
Mychal Reynolds	Andover, NH			21:20	
Bill Izzo	Lake Placid, NY	12:20	48:30		1:23:56
Emily Delaney	Lake Placid, NY			23:06	
Nancy Battaglia	Lake Placid, NY		49:56	30:30	1:28:56
Loring Porter	Lake Placid, NY	08:30			
Harley Cohen	Lake Placid, NY		56:02	27:12	1:30:16
Dylan Cohen	Lake Placid, NY	07:02			