

2023 High Peaks Cyclery Mini-Tri #5**7/24/2023**

	Hometown	Swim	Bike	Run	Total
Male U12					
Wesley Barker	Perkisie, PA	0:09:12	0:43:08	0:32:03	1:24:23
Male 12-17					
Elijah Barker	Perkisie, PA	0:05:33	0:31:17	0:19:50	0:56:40
Reid Lovett	Allentown, PA	0:05:37	0:36:27	0:23:18	1:05:22
Male 18-29					
Eric Barnwell		0:07:10	0:37:46	0:20:01	1:04:57
Adam Jansen	Scotia, NY	0:08:50	0:38:48	0:21:14	1:08:52
Female 30-39					
Sarah Lister	Potsdam, NY	0:09:13	0:41:14	0:23:29	1:13:56
Male 30-39					
Aaron Newell	Queensbury, NY	0:06:55	0:30:37	0:17:42	0:55:14
Sean Davis	Concord, NH	0:06:16	0:32:17	0:19:25	0:57:58
Matt Delaney	Lake Placid, NY	0:07:21	0:33:25	0:21:56	1:02:42
Paul Astuto		0:07:54	0:37:08	0:23:00	1:08:02
Keith Kogut	Saranac Lake, NY	0:09:39	0:38:01	0:22:50	1:10:30
Will Trithert	Potsdam, NY	0:08:09	0:38:36	0:25:08	1:11:53
Steve Greco	Canton, NY	0:09:50	0:47:29	0:22:25	1:19:44
Wesley Kean	Mount Pleasant, SC	0:10:11	0:46:53	0:27:52	1:24:56
Female 40-49					
Justine Trybendis	Glens Falls, NY	0:10:01	0:38:49	0:22:25	1:11:15
Karen Stauffer	Nicholville, NY	0:09:26	0:44:58	0:26:50	1:21:14
Kayla Riley	Potsdam, NY	0:06:58	0:45:57	0:30:41	1:23:36
Courtney Cruz	Oradell, NJ	0:08:45	0:49:07	0:25:56	1:23:48
Erica LaFountain	Potsdam, NY	0:09:20	0:46:11	0:29:31	1:25:02
Male 40-49					
Kevin Bouchard-Hall	Elizabethtown, NY	0:07:25	0:27:56	0:19:45	0:55:06
Brian Lovett	Lake Placid, NY	0:05:50	0:31:50	0:19:58	0:57:38
Jan Wellford	Keene, NY	0:10:24	0:32:05	0:20:52	1:03:21
Ben Stauffer	Nicholville, NY	0:08:15	0:34:47	0:23:40	1:06:42
Dan Mcallister	Lake Placid, NY	0:08:21	0:37:01	0:24:07	1:09:29
Chad Greer	Potsdam, NY	0:09:31	0:36:31	0:26:17	1:12:19
Chris Lake	Phillipston, MA	0:07:27	0:40:47	0:32:36	1:20:50
Jeremy Barker	Perkisie, PA	0:09:37	0:42:45	0:32:07	1:24:29
Johnny Muldowney	Saranac Lake, NY	0:14:35	0:43:33	0:27:10	1:25:18
Female 50-59					
Melissa Rakvich		0:07:32	0:38:54	0:28:08	1:14:34
Carol Pearl	Plattsburgh, NY	0:06:48	0:46:28	0:28:53	1:22:09

Melinda Fairchild	Saranac Lake, NY	0:12:26	0:47:13	0:29:29	1:29:08
Melissa McAllister	Lake Placid, NY	0:12:45	0:48:09	0:28:25	1:29:19

Male 50-59

Dylan Cohen	Lake Placid, NY	0:06:54	0:33:05	0:20:10	1:00:09
Andrew Snell	Wilmington	0:09:11	0:38:06	0:23:29	1:10:46
Jay Fogarty	Thornton, NH	0:09:23	0:36:21	0:25:21	1:11:05
Dennis Beardsley	Castleton on Hudson,	0:11:44	0:40:47	0:24:54	1:17:25
Bill Peer	Saranac Lake, NY	0:10:47	0:42:28	0:27:12	1:20:27

Female 60+

Renee Harvey	Bridgewater, NJ	0:09:56	-	-	-
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Male 60+

Mark Mulder	Burlington, VT	0:07:05	0:32:41	0:24:52	1:04:38
Jim Allott	Wilton, NY	0:10:02	0:35:01	0:24:20	1:09:23
Matthew Hinge	Westport, NY	0:09:43	0:34:45	0:26:31	1:10:59
Michael Bryant	Wilmington, NY	0:10:54	0:43:32	0:32:53	1:27:19
Jim Megin	Lake Placid, NY	0:10:19	0:48:49	0:38:38	1:37:46

Teams

Alex Metzner	Rohersville, MD		0:35:57		1:03:00
Colin O'Connor		0:06:37		0:20:26	

Curtis Howard	Lake Placid, NY	0:06:55	0:32:31		1:06:05
Sarah Thompson	Lake Placid, NY			0:26:39	

Mark Wilcox	Essex, NY	0:06:27			1:07:35
EJ Acworth	Lake Placid, NY		0:35:17	0:25:51	

Mark Wilcox	Essex, NY	0:06:27			1:08:30
Erin Skufca	Bellingham, WA		0:39:21		
Gabriella Armstrong	Lake Placid, NY			0:22:42	

Crystal Barker	Perkisie, PA		0:37:03		1:11:08
Cadel Barker	Perkisie, PA	0:07:27		0:26:38	

Will Hauser	Malvern, PA	0:07:11			1:13:28
Diane Hauser	Malvern, PA		0:45:30		
Bill Hauser	Malvern, PA			0:20:47	

Helena Cordick	Cadyville, NY	0:06:44			1:16:26
Kristen Buck	Cadyville, NY		0:44:55		
Laura Haley	Cadyville, NY			0:24:47	

Don Mack	Limerick, PA	0:07:16			1:17:52
David Stone	PA		0:33:54		

Kristie Bruno	Lansdale, PA		0:36:42	
Mark Wilcox	Essex, NY	0:06:27		1:23:33
Nancy Battaglia	Lake Placid, NY		0:46:35	0:30:31
Roger Gocking	Saranac Lake, NY		0:38:37	