

LAST NAME	FIRST NAME	HOMETOWN	SWIM	BIKE	RUN	TOTAL
Female <12						
Lynch	Ava	Alexandria, VA	0:08:45	1:10:35	0:16:10	1:35:30
Male 13-14						
Franz	Kai	Lake Placid, NY	0:08:45	0:35:17	0:24:00	1:08:02
Izzo	Jesse	Lake Placid, NY	0:13:44	0:40:27	0:20:00	1:14:11
Lynch	Carson	Alexandria, VA	0:11:23	1:04:52	0:18:04	1:34:19
Fleming	Ayden	Lake Placid, NY	0:13:58	1:02:02	0:20:56	1:36:56
Female 15-17						
Garso	Jackie	Lake Clear, NY	0:10:16	0:44:14	0:24:25	1:18:55
Male 15-17						
Piper	Blake	Minerva, NY	0:08:21	0:42:37	0:27:03	1:18:01
Montgomery	Ian	Cambridge, NY	0:13:00	0:56:24	0:24:38	1:34:02
Lynch	Devin	Alexandria, VA	0:09:09	0:56:31	0:33:56	1:39:36
Saffian	Jack	Cumberland, MD	0:09:00	0:48:31	-	-
Female 18-29						
Izzo	Elizabeth	Lake Placid, NY	0:07:52	0:36:45	0:20:19	1:04:56
Carroll	Clare	New York, NY	0:07:34	0:41:37	0:20:45	1:09:56
Izzo	Anna	Lake Placid, NY	0:09:08	0:40:32	0:22:18	1:11:58
Piske	Cara	CO	0:08:01	0:41:20	0:23:10	1:12:31
Hochschartuer	Lucy	Lake Placid, NY	0:10:02	0:42:20	0:20:58	1:13:20
Gardiner	Megan	Jay, NY	0:09:30	0:41:25	0:25:53	1:16:48
Dillon	Celia	Brooklyn, NY	0:09:33	0:45:58	0:28:19	1:23:50
Driscoll	Hadley	Lake Placid, NY	0:10:14	0:54:04	0:35:18	1:39:36
Male 18-29						
Delaney	Colin	Lake Placid, NY	0:07:51	0:31:56	0:18:26	0:58:13
Eves	Marc	Lake Placid, NY	0:07:01	0:32:29	0:19:51	0:59:21
Stocek	Fabian	Hanover, NH	0:09:00	0:32:37	0:17:57	0:59:34
Schulz	Karl	Rhode Island	0:08:02	0:33:31	0:18:03	0:59:36
Davis	Sean	Lake Placid, NY	0:06:38	0:34:32	0:19:09	1:00:19
Goff	Matther	Hanover, NH	0:07:18	-	-	1:03:18
Barbour	Nathan	Lake Placid, NY	0:09:01	0:38:26	0:22:16	1:09:43
Slayton	Brandt	Rhinebeck, NY	0:08:45	-	1:10:58	1:10:58
Mcharthy	Michael	Wayne, PA	0:12:46	0:45:21	0:28:23	1:26:30
Saffian	Luke	Cumberland, MD	0:09:00	-	-	-
Female 30-39						
Allison	Elizabeth	Keeseville, NY	0:11:08	0:38:46	0:24:40	1:14:34
Hume	Jennifer	Edinburgh, UK	0:08:50	0:43:01	0:27:19	1:19:10
Brewer	Ashley		0:07:56	0:46:00	0:28:30	1:22:26
Rand	Janne	Lake Placid, NY	0:10:34	0:59:59	0:22:40	1:33:13
Markinson-Quest	Melissa	Staten Island, NY	0:13:17	0:28:34	0:58:09	1:40:00

Male 30-39

Richard	Chris	Sudbury, MA	0:07:21	0:36:51	0:18:40	1:02:52
Howard	Curtis	Lake Placid, NY	0:07:14	0:35:28	0:21:14	1:03:56
Woods	Brian	Saratoga Springs, NY	0:08:52	0:37:08	0:18:29	1:04:29
Kogut	Keith	Saranac Lake, NY	0:09:37	0:37:56	0:22:21	1:09:54
Gallstian	James		0:09:58	0:42:33	0:22:52	1:15:23
Clare	Matthew		0:09:00	0:41:03	0:25:35	1:15:38
Quest	Brendan	Staten Island, NY	0:13:18	1:07:12	0:19:30	1:40:00

Female 40-49

Van Dorn	Rosanne	Lake Placid, NY	0:08:54	0:36:46	0:21:24	1:07:04
Lafave	Darci	Lake Placid, NY	0:09:47	0:39:01	0:24:17	1:13:05
R.	Alexis	Toulson, MD	0:09:55	0:41:08	0:25:20	1:16:23
Lynch	Melissa	Alexandria, VA	0:14:10	1:05:10	0:40:40	2:00:00

Male 40-49

Cooper	Vincent	Gausevoort, NY	0:07:48	0:35:39	0:19:55	1:03:22
Fogarty	Jay	Lake Placid, NY	0:08:45	0:36:33	0:24:05	1:09:23
Campbell	Brandon	Saranac Lake, NY	0:07:59	0:39:13	0:26:29	1:13:41
Bettmann	Will	Mebane, NC	0:09:24	0:43:52	0:25:42	1:18:58
Luncin	Jon	Saranac Lake, NY	0:13:41	0:42:00	0:23:58	1:19:39
Redmond	Jim	Ottawa, ON	0:10:06	0:47:56	0:27:04	1:25:06
Lynch	Daniel	Alexandria, VA	0:11:30	1:05:04	0:17:56	1:34:30

Female 50-59

Izzo	Sandra	Lake Placid, NY	0:09:24	0:40:55	0:24:17	1:14:36
Saffian	Amy	Cumberland, MD	0:09:00	0:41:18	0:29:02	1:19:20
Elling	Kirsten	Schnectady, NY	0:10:04	0:41:55	0:28:48	1:20:47
Montgomery	April	Cambridge, NY	0:10:59	0:50:36	0:26:50	1:28:25

Male 50-59

Miner	Mark	West Chazy, NY	0:11:28	0:37:28	0:24:52	1:13:48
Morlanson	Bob	Lake Placid, NY	0:08:43	0:39:52	0:26:03	1:14:38
Izzo	Bill	Lake Placid, NY	0:10:39	0:39:40	0:26:36	1:16:55
Zerrahn	Mike	Plattsburgh, NY	0:10:38	0:38:21	0:28:12	1:17:11
Young	Dave	Lowville, NY	0:14:10	0:38:12	0:28:17	1:20:39
Flynn	Eric	Red Bank, NJ	0:07:26	-	-	DNF

Female 60+

Delaney	Karen	Lake Placid, NY	0:09:22	0:43:52	0:29:45	1:22:59
Bryant	Nancy	Baltimore, MD	0:11:46	0:47:23	0:32:34	1:31:43

Male 60+

Bryant	Michael	Wilmington, NY	0:10:19	0:39:04	0:27:44	1:17:07
Morris	Bill	Jay, NY	0:09:50	0:41:24	0:30:58	1:22:12
Erenstone	Richard	Lake Placid, NY	0:08:22	0:42:13	0:32:05	1:22:40
Zaubrecher	Karl	Saranac Lake, NY	-	0:46:16	-	-

Teams

Dominesey	Megan	Vermontville, NY	0:06:56	0:36:38	0:17:30	1:01:04
Trzepakowski	Jonathan	Lake Placid, NY	0:06:56	0:36:38	0:17:30	1:01:04
St Cyr	Joe	Saranac Lake, NY	0:06:56	0:36:38	0:17:30	1:01:04
Saffian	Eleanor	Cumberland, MD	0:09:02	0:44:31	0:25:12	1:18:45
Saffian	Joseph	Cumberland, MD	0:09:02	0:44:31	0:25:12	1:18:45
Saffian	Jim	Cumberland, MD	0:09:02	0:44:31	0:25:12	1:18:45
Reuter	Lou	Saranac Lake, NY	0:14:22	0:37:03	0:29:20	1:20:45
Ryan	Morgan	Saranac Lake, NY	0:14:22	0:37:03	0:29:20	1:20:45
Olivero	Antonio	Lake Placid, NY	0:14:22	0:37:03	0:29:20	1:20:45
Franz	Joe	Lake Placid, NY	0:10:00	0:48:58	0:22:04	1:21:02
Franz	Parker	Lake Placid, NY	0:10:00	0:48:58	0:22:04	1:21:02
Cushing	Zack	Mountainside, NJ	0:10:59	0:44:25	0:30:55	1:26:19
Elling	Devon	Schnectady, NY	0:10:59	0:44:25	0:30:55	1:26:19
Elling	Darren	Schnectady, NY	0:10:59	0:44:25	0:30:55	1:26:19