

2018 Mini-Tri #4

7/16/2018

NAME	HOMETOWN	SWIM	BIKE	RUN	TOTAL
Male 13-14					
Andrew Podles		0:07:53	0:54:09	0:31:13	1:33:15
Male 15-17					
Nicholas Mandato		0:08:03	0:39:37	0:19:17	1:06:57
Female 18-29					
Diedre Loftus	Lake Placid, NY	0:07:29	0:42:09	0:26:52	1:16:30
Claire Podles		0:08:40	0:51:51	0:25:01	1:25:32
Lenore Marcuson	Saranac Lake, NY	0:09:00	0:50:35	0:38:36	1:38:11
Male 18-29					
Nathaniel Chung	Wyckoff, NJ	0:07:55	0:40:50	0:25:42	1:14:27
Michael Martineua	Lake Placid, NY	0:10:40	0:43:36	0:26:55	1:21:11
Daniel Kim	Franklin Lakes, NJ	0:18:53	1:05:39	0:27:36	1:52:08
Female 30-39					
Amy Hollister	Massena, NY	0:10:12	0:42:51	0:26:43	1:19:46
Male 30-39					
Jay Niederbuhl	Saranac Lake, NY	0:07:28	0:32:57	0:21:27	1:01:52
Male 30-39					
Matthew Medeiros	Saranac Lake, NY	0:08:32	0:43:31	0:18:16	1:10:19
Female 40-49					
Diana Leblanc	Wilmington, NY	0:10:18	0:45:16	0:30:39	1:26:13
Adele Wright	Westerville, OH	0:10:44	0:48:09	0:31:38	1:30:31
Male 40-49					
Scott Provost	Plattsburgh, NY	0:07:39	0:34:19	0:22:19	1:04:17
Randy Kubasiak	S. Wales	0:07:51	0:34:18	0:22:47	1:04:56
Jay Fogarty	Holderness, NH	0:08:18	0:35:50	0:23:33	1:07:41
Dwane Weatherell	Byron, NY	0:11:31	0:43:47	0:29:55	1:25:13
Female 50-59					
Sandra Izzo	Lake Placid, NY	0:08:42	0:41:34	0:24:57	1:15:13
Kirt Elling	Lake Placid, NY	0:09:17	0:39:51	0:27:45	1:16:53
Male 50-59					
Brian White	Plattsburgh, NY	0:09:38	0:37:13	0:24:23	1:11:14
Mike Zerrahn	Plattsburgh, NY	0:09:49	0:37:19	0:30:20	1:17:28
John Bishop	Saratoga Springs, NY	0:11:04	0:42:21	0:30:13	1:23:38
Oscar Letona		0:11:35	0:50:07	0:29:16	1:30:58

Female 60+

Nancy Battaglia Lake Placid, NY 0:12:46 0:47:17 0:28:23 1:28:26

Male 60+

Bill Izzo Lake Placid, NY 0:10:47 0:41:19 0:29:48 1:21:54

Teams

Brooke Kelly Plattsburgh, NY 0:05:36 1:14:35

Sandra Izzo Lake Placid, NY 0:41:34

Deena Kastor 0:27:25

Cole Wright Westerville, OH 0:26:35 1:25:28

Adele Wright Westerville, OH 0:10:44 0:48:09

Retty Shettley 0:10:05 1:36:18

Anita Podles 0:56:12

Chris D'ascenzo 0:30:01